



Martlets

Care, compassion and support

IN HOSPICE
& AT HOME

Annual Review 2013-2014



Martlets

Care, compassion and support

IN HOSPICE
& AT HOME

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SPONSORSHIP

Southern Railway

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We are a charity working in and around Brighton & Hove. We support adults of all ages who are living with a terminal illness. We help them and their loved ones make the most of the precious time they have left together. And we do everything we can so that they can die peacefully, with dignity, in a warm and caring environment.

- Our services are **all free**.
- In 2013/2014 we cared for **633 patients** and supported over **1,000 family members** and **carers**.
- Since 1997, we've helped over **25,000 local people**.
- It costs **£4.8 million** a year to run the Hospice.
- We receive **less than a third** of our funding from the **NHS**.
- We need to raise nearly **£3.4 million** from our **local community** each year.
- **Over 500 volunteers** help us in our work each year.



What we do at a glance

In-Patient Unit

- 18 beds for comprehensive 24-hour patient care
- 1 bed reserved for our respite service
- 2 beds to support patients with continuing care needs such as those with motor neurone disease

The Palliative Care Partnership

- A partnership based at the Hospice with the Sussex Community NHS Trust giving people affected by serious life limiting illness one phone number to call for help and advice when they need it.

Hospice at Home

- Palliative care nursing for patients in their own homes
- Respite service giving carers a valuable break

Patient and Family Support Services

- Counselling and bereavement service
- Community and hospice based social work advice
- Volunteer home visiting service and bereavement support service
- Chaplaincy service
- Discharge coordination

Complementary Therapy Service

- Volunteer therapists offer massage and reflexology to patients on the In-Patient Unit

Out-Patient Services

- A rehabilitation clinic for physiotherapy and occupational therapy
- Welfare benefits advice

Learning and Development

- Specialist training relating to palliative care for staff, volunteers and the wider community

Vision

We believe that each and every person is entitled to a good and dignified death

To achieve this we will:

- provide the best possible care to those dying in our community
- support patient choice, dignity and independence in all we do
- raise as much money as possible to help as many people as we can
- make the most of the donations we receive so that our supporters feel we are a charity that deserves their help





Imelda Glackin
Chief Executive



Michael Edwards
Chairman

Welcome

A very warm welcome to our annual review.

It is a privilege to be able to share with you the story of the Martlets over the last year. It has been a year of change and success built as always on the generosity of our supporters and the commitment of our staff and volunteers. We'd like to take this opportunity to thank Southern Railway for sponsoring this year's annual review.

Our patients and their families are represented in the pages of our review. We take great pride in our approach to palliative and end of life care and it is always inspiring to hear people tell us that we are making a real difference in their lives.

During the year, we completed improvements to our facilities thanks to a major grant from NHS England. The creation of our new day services suite has given us new spaces and a café at the heart of the Hospice so that we can reach out to more people who need our help. We are introducing a range of day services including a pampering service, art groups, legal surgeries, a community choir and a dementia café.

Another notable success for us was the development of the Palliative Care Partnership with the Sussex Community NHS Trust. By working more closely together, we wanted to be able to help more people. For example, we have been jointly running a 24 hour telephone advice line since April 2013 called The Hub based at the Martlets. By March 2014, The Hub had handled over 10,500 calls.

As we look to the future, we know that we will need to find innovative ways to help more people. We have been inspired by the work of The Commission into the Future of Hospice Care which is helping us to



navigate the way ahead. Our developments this year will follow the recommendations of the Commission to develop more flexible services, using more volunteers and increasing collaboration with other agencies.

We said goodbye to our Chief Executive, Caroline Lower, who served the Martlets with energy and vision over many years. Caroline led through innovation and a commitment to transform end of life care in our city. She achieved much and we all wish her well.

We are pleased to report that our financial performance during the year was strong thanks in particular to an exceptional legacy income. We have used the surplus we generated to increase our reserves and to invest in new services during 2014 and 2015. We are hopeful that our financial health will endure this year and indications so far are good. But our success will depend on our continued ability to engage with donors large and small to keep on supporting our work.

Please continue to support us.

Thank you.





2013/2014 was a year of changes and achievements. Our staff and volunteers worked hard to extend our services both within and beyond the walls of the hospice.

We improved our facilities by creating a new day services suite, café, main entrance and drugs room.

Our day services suite has three multi-purpose rooms which will house our growing day services to help more people living in our community. Our bright and welcoming café sits at the heart of the Hospice and is open to all.

These improvements were made possible thanks to a major grant from NHS England and the support of a number of local charitable trusts.



We opened a bright new café space in the hospice

Brenda

Brenda has volunteered in the café since it opened in March 2014. She started as a volunteer in fundraising counting money, and then moved on to helping out with admin in the warehouse. When the café opened Brenda thought she'd found her niche.

“The café is a great place to meet new people. I think we give a really good service and I enjoy meeting patients’ relatives when they come in. I volunteer at the Martlets with my husband; he helps with admin for the occupational therapist.

I volunteer in the café once a week and twice a month with my husband Mick we do the teas for patients on the In-Patient Unit. I love meeting the patients and we're always happy to help out if there are extra shifts available.”



We formed an important new partnership...

Michele Saunders

Admin Manager, Community Palliative Care Team
Sussex Community NHS Trust

"I'm employed by the Sussex Community NHS Trust but in April 2013 we joined forces with the Martlets Hospice at Home team to form the Palliative Care Partnership. We work together as a team, delivering nursing care in the community and in what we call The Hub. With our new collaboration, we are now able to offer 7-day-a-week care and support to patients and their families.

We're a small team with very strong links between our admin and our nurses. The co-ordination of care within The Hub is constant: when we get a referral from a GP or the hospital we gather information from other systems and input it into our CrossCare system. This gives the nurses access to a full clinical history.

The Hub call line is very busy and it's been recognised as being really valuable to other healthcare professionals as well as patients and their families. There is always a nurse or a consultant available to answer questions and provide advice."

Teresa Evans

Senior Staff Nurse, In-Patient Unit

"At part of my role as a nurse in the In-Patient Unit I now also answer out of hours calls that come to The Hub's number. It's made me think differently about services outside of the IPU and connecting people to them. Through The Hub I sometimes get to speak to patients or relatives before they come in to the IPU. I connect with them and am a familiar voice when they come in, which is nice."

The Palliative Care Partnership

Caring counts

Dealt with **10,658 phone calls** from patients, carers and healthcare professionals

Held **374 face to face visits** with health care professionals

More than **90% of patients** died in their preferred place of care



Hospice at Home

Caring Counts

Visited **377 patients** and made it possible for **197 people** to die with dignity in their own homes

Carried out **2,908 home visits** and supported nearly **700 family members**

Gave **54 carers** respite from their care duties with **1,340 respite visits**

...and were able to provide even better care for people at home.

Josie Darling

Hospice at Home Team Leader

“Historically Hospice at Home has been more focused on end-of-life care, but with our new collaboration with the Palliative Care Partnership and the NHS Clinical Nurse Specialists we can now also provide more symptom control and emotional support for patients in their homes. We have also been able to help the district nurses more effectively, providing specialist care for more complex patients and families with more needs.

On a day-to-day basis our team responds to crisis call-outs, provides care in people’s homes, takes calls from patients and their families through The Hub, and connects them with the right service or refers them to our new day services.

Caring for patients in their own home is about empowering people to make their own choices and decisions. Even in difficult times, we’re here for them.”



Simon

“My mum received care from the Martlets Hospice at Home team and the district nurses. With Mum, it all happened very fast and there wasn't time for her to go into the Hospice. They were very nice and professional and the way they worked closely with the district nurses meant the quality of care was consistent. Everyone knew what was going on.

What really touched me was when they came by a few days after Mum had passed away to see how we were doing. That was a very nice touch, and something they didn't have to do.”

Harriet

“Around Easter time Malcolm began to decline and the Hospice at Home nurses got involved. They were very supportive. Knowing that I could call them about any concern - for example, the procedures to follow if Malcolm died in the night - was invaluable.

Through the early stages of Malcolm's illness I felt as though I had to fight his corner for every bit of care and equipment. When the Martlets got involved things changed. They understood that I was totally committed and immersed in his care and matched that with the help and equipment that was needed. I feel exceptionally fortunate in having had access to the Martlets services - the carers, the respite service and the Hospice at Home team.”



In-Patient Unit

Caring Counts

Made it possible for **185 patients** to die in a caring environment

Helped **94 patients** return home, their pain and symptoms managed by our expert team

Nearly **90%** of our **patients** have been diagnosed with cancer. We're now seeing increasing numbers of patients suffering from neurological and heart conditions.



We continued to provide expert care to patients in our hospice...

Teresa Evans

Senior Staff Nurse, In-Patient Unit

“Of course, working in the IPU is hard, but we get incredible support and I really love the approach that puts patients at the centre of their care. Here I feel I really have the opportunity to give people personal and tailored care. I can ask them what they really want, or really need and help them with that. It might be that a haircut is important to them at a certain point.

Over the last year it's been great to see the introduction of the complementary therapies in the IPU. Patients are now asking when their next complementary session is, as opposed to asking when they will next see the doctor. As a nurse I feel it has been a really positive step.”

Harriet

“When I was at a particularly low ebb through lack of sleep - Malcolm needed both day and night care - one of the carers suggested I approach the Hospice to enquire about respite care. After assessing Malcolm's needs they agreed to take him for six nights when they had a vacancy. Placements for respite care previously suggested by the Continuing Healthcare team were not suitable and so I had not had a break for eighteen months. I was confident that in the Hospice, Malcolm would be looked after well and that meant I could have a complete break from caring and see my grandchildren. The thought of further planned respite breaks got me through some difficult times.”

...and with some fantastic volunteers we introduced regular complementary therapies for our patients.

Ann Borg

Complementary Therapy Coordinator

“This service was set up in January 2014 and we have already recruited almost 20 volunteer therapists providing up to 40 massage sessions a week. Probably 90% of our patients have never had any kind of complementary therapy. I highlight the benefits of them – that massage can promote sleep and help with anxiety. Most are open to trying it. The volunteers also seem to enjoy working with a group of clients they wouldn’t usually get to treat. These are light touch therapies, but giving that type of touch, and having people have that connection is so powerful.

I love to see the patients so relaxed they drift off to sleep while having their massage, and to have them say: “Yes, I’d like to have that again.”

Cathy Alderson

Volunteer Massage Therapist

“I love doing the treatments. I come in once every two weeks and do mainly foot or hand massages at the moment. People find it incredibly calming and comforting. There’s been so much research into the physiological benefits of massage and I think it’s wonderful to have it in the hospice. Most of the patients fall asleep, which is good.”

Trevor

“When I came in to the hospice, my hands were like leather and I was offered hand massage. It started to make my skin more flexible and the pain in my hands has improved. I have been able to regain the use of my hands... Its very relaxing and I’d recommend it to anyone.”

Complementary Therapies

Caring Counts

From its launch in January 2014, our volunteer therapists provided **100 massage and acupuncture sessions** to our in-patients

34 patients told us their treatment helped relieve their breathlessness



Rehabilitation Clinic

Caring Counts

24 patients attended the newly established Rehabilitation Clinic

333 patients received support at home and in the hospice from our Occupational Therapist and Physiotherapist



We launched a new service to support out-patients to remain independent..

Ruth Edwards

Physiotherapist

“The last year has been really exciting for us with the launch of our out-patient rehabilitation clinic. For a long time we’ve felt there was a gap in community services for people who have been diagnosed, and are starting to feel the impact of their illness on their independence.

Now Heidi our occupational therapist and I can have a joint session with a patient and come up with ways we can help. It’s all about problem-solving. Occupational therapy and physiotherapy overlap in many ways, so it is great for the patients and for us to be working together in this way. It’s been enlightening professionally. The next step is to promote the service more widely and to get people coming in sooner after their diagnosis.”

Heidi Pession

Occupational Therapist

“I’ve worked both in the community and in the In-Patient Unit for eight years and having been given the opportunity to develop the rehabilitation clinic has been very exciting. It’s a way we can help more people stay confident and independent.

The good thing about having the clinic in the hospice is that people come in and see that the Hospice is such a positive space. It broadens their view of what a hospice is. We can also put them in contact with other services that could benefit them. They might mention their pain or another symptom and we can refer them immediately if one of our other services could help them.”

...and continued to support patients, families and loved ones in every way we could.

Stuart Carter

Social Worker

“I spend the majority of my time in people’s homes. A life-limiting illness brings so many practical as well as emotional challenges. Often I’m the ‘listening ear’, the person outside of the family who they can talk through their practical worries with. And I can direct them to the support they need or help them myself if I can.

Things like accessing services, planning for future care, re-establishing contact with family, or dealing with wills are just some of the problems that may feel overwhelming when you’re trying to find your way after you’ve received a diagnosis. The Martlets is about providing holistic end-of-life care, and I’m the one trying to help people achieve some of their practical goals.

Another part of what I do is co-ordinating the visiting volunteers service. It is such a wonderful way of extending the reach of social support.”



Social Work, Counselling & Chaplaincy

Caring Counts

Counselled 157 people
through their
bereavement

Held nearly **700 social
work sessions** with
patients and carers

Gave **188 patients**
spiritual support and
guidance



Jane Cato
Counsellor

“Our counselling and bereavement service is here to help patients in the hospice and their families come to terms with a terminal diagnosis or death, find the words to say goodbye or share important things that they’re struggling to say. Relationships shift when someone you love is dying, and we may work with a family as a group or individually around this. We’re also here for the things a patient might not want to share with their family – thoughts of suicide or depression. They know we’re not frightened by it and have the psychological knowledge to help.”

Graham

“Shortly after my cousin and close friend, Michael passed away, I received a letter from the Martlets informing me of their bereavement service. Part of me said I don’t need bereavement counselling, that’s for people who really can’t cope. And deep down I knew I wasn’t coping. I admit that in agreeing to have bereavement counselling I had the passing thought of having failed in handling my life. And yet with that came a huge relief - that someone cared enough for me in the way I had cared for Michael.

The greatest gift for me was having the opportunity to explore my feelings, my love, my anger, my frustrations and my tears. It was surprising how much was in there! I got to see and understand our relationship in a whole new light and that helped me make sense of my loss and my emotions. From then on grieving felt normal and healing happened. It has made me stronger.”

Dawn Allen

Chaplain

“People assume that what I do is religious, but that’s only a very tiny bit of it. I’m here to respond to what people need, and I never know what that’s going to be until I’m beside them. I visit patients at home, in nursing homes and in the In-Patient Unit.

What they need might be emotional support in family relationships or it could be someone to find peace through exploring and helping them find their own answers to questions about what comes next. I’m not there to ‘do’ something for them, I’m there to help them do what they need to do. That might be having a really hard conversation with their partner or preserving memories for their children.”



Maggie

Volunteer Chaplain

“As a Christian, I’m sometimes asked about my own faith and when appropriate I respond to questions and with permission pray for patients and their families, another way of expressing faith and caring. It doesn’t matter whether patients are atheists, agnostics, Buddhists, Muslims, Jews, Christians or of another faith, the chaplaincy team try to meet with them wherever they are on their life’s journey.”



Patient

“Talking to you helped me realise how important it is to be clear, and I have started to have a conversation with my daughter about my future.”



Goals

Meeting our 2013/14 goals

- ✓ Meeting income and expenditure targets - we exceeded our £100,000 operating surplus target.
- ✓ Improving facilities – we built our new day services suite, café, main entrance and drugs room.
- ✓ Increasing out-patient services – we opened a rehabilitation clinic and complementary therapy service.
- ✓ Delivering 24 hour telephone advice – The Hub was set up in partnership with the Sussex Community NHS Trust to give advice and support.
- ✓ Using the NHS electronic patient records network – we achieved the standards required to give us partial read-only access. We retain a long term goal to expand access through further qualifications.
- ✗ Improving patient and family feedback – we did not achieve our goal of setting up a service user group. We plan to achieve this goal in 2014/15.
- ✓ Increasing our volunteers – we developed new roles and set up new services run by volunteers including complementary therapy, acupuncture and chaplaincy volunteers.
- ✓ Improving income generation and fundraising – we invested in major donor and corporate fundraising, grew our events programme, opened a new vintage shop and increased our e-commerce trading operations.

Setting our 2014/15 goals

- Meeting income and expenditure targets - we want to achieve a £100,000 operating surplus by year end. We will need to raise as much money as we can from local people if we are to meet our challenging income generation targets.
- Improving patient safety – we will pilot a new service providing support to people discharged from the Hospice in their first two weeks at home. The aim is to avoid crises including emergency readmissions to the Hospice or to hospital.
- Expanding day services to help more people – we will grow new services including a pampering service, legal advice, complementary therapies, a reminiscence project, art groups, a community choir and a dementia café.
- Building on existing services - we will expand our popular respite service to give more carers in our community a break from looking after a loved one at home. We will increase our family support team so that we can provide emotional and practical support to more people. We will also invest in our welfare benefits advice service.
- Setting up a service user group – we will establish a mechanism for patients and families to tell us what they think of our services and to help us improve and grow to meet the needs of everyone in our community. We will standardise the feedback forms we use to collect user views.
- To improve income generation and fundraising activities – we will continue to solicit the support of local people at every opportunity through our marketing and fundraising activities. We will expand our trading operations with a new house clearance service. We will continue to grow our lottery and to introduce new fundraising events.

The people that make it all possible...

Paid Staff

We employ **57 full time** staff and **119 part time** staff, the majority are nurses, doctors, therapists and counsellors who are involved in caring for patients and their families

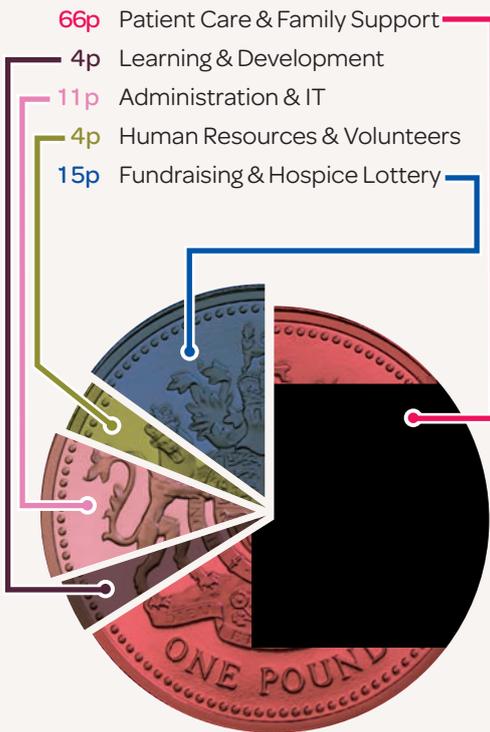
Volunteers

Over **500 volunteers** of all ages and backgrounds give us a few hours every week or whenever they can

221 work at the hospice and **306** within our trading operation

82% are women

For every £1, we spend:



Financials 2013-2014

Our Income

- The gifts left to us by local people in their Wills ranged from £200 to £690,000
- Our trading operations including our charity shops and Martlets Care Agency contributed £634,786 from their profits to the Hospice. An additional payment of £245,593 was made to reimburse the Hospice for support services provided during the year.
- 11,617 people were playing our lottery
- 91 charitable trusts and foundations supported our work
- Our Midnight Walkers raised £112,170
- Our Brighton Marathon runners raised £46,128
- Our Peacehaven Abseil raised £18,470
- Our Pooches on the Prom sponsored dog walk raised £13,681
- Our Zumba Glow dance event raised £26,354
- Our Amazon trading operation raised £80,122
- Our Woodingdean shop raised £80,311
- Our Lewes shop raised £123,394

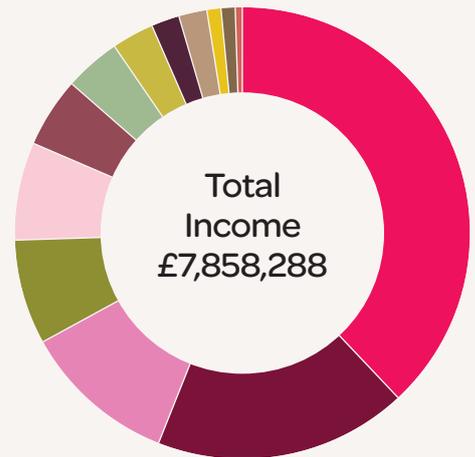
Our Expenditure

The amount we spend on fundraising generates the majority of our income. It includes paying for our fundraising team, lottery cash prizes, event hire and promotional costs.



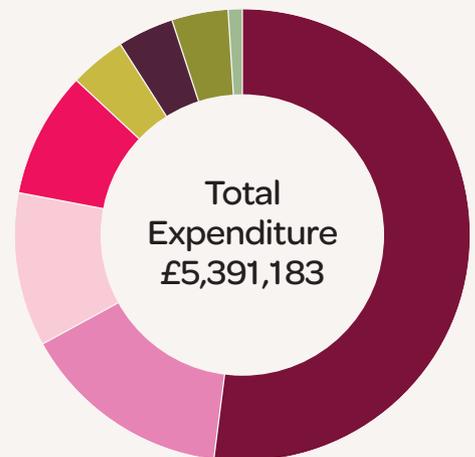
Our Income 2013-2014

| | | |
|--|-------------------|-------|
| ■ Gifts in Wills (Legacies)..... | £2,933,222 | 37.0% |
| ■ NHS (CCG) Grants & Contracts | £1,401,631 | 18.0% |
| ■ Martlets Trading & Martlets Care | £880,379 | 11.0% |
| ■ Hospice Lottery | £596,154 | 7.5% |
| ■ Fundraising Events..... | £585,105 | 7.0% |
| ■ NHS England Grant..... | £367,860 | 5.0% |
| ■ Patient Related Donations..... | £290,590 | 4.0% |
| ■ General Donations..... | £232,594 | 3.0% |
| ■ Charitable Trusts..... | £229,245 | 3.0% |
| ■ Company Donations..... | £123,304 | 2.0% |
| ■ Learning & Development..... | £115,328 | 1.0% |
| ■ Other Income..... | £69,703 | 1.0% |
| ■ Investment Income..... | £33,173 | 0.5% |
| TOTAL..... | £7,858,288 | |



Our Expenditure 2013-2014

| | | |
|--|-------------------|-------|
| ■ In-Patient Unit..... | £2,751,983 | 51.0% |
| ■ Fundraising & Hospice Lottery..... | £826,714 | 15.0% |
| ■ Administration & Information Technology..... | £609,152 | 11.0% |
| ■ Hospice at Home..... | £501,985 | 9.0% |
| ■ Housekeeping & Catering..... | £242,053 | 4.0% |
| ■ Human Resources & Volunteers..... | £205,153 | 4.0% |
| ■ Learning & Development..... | £191,261 | 4.0% |
| ■ Out-Patient Services..... | £62,882 | 1.0% |
| TOTAL..... | £5,391,183 | |



Important note

Actual expenditure and income figures are often higher than budgeted figures. This is due to a combination of factors including different presentational requirements and raising more or spending more money. One example of a presentational difference is our lottery. The total net position is shown in income in the budget but in our actual results we show the income and expenditure separately. An example of higher income was legacies where £2.3m more was raised than budgeted.

All income and expenditure figures reported here relate to the operational costs of the Martlets Hospice only. They exclude additional income and expenditure relating to the operation of our trading activities including our charity shops and Martlets Care Agency which exist to generate vital income for running Hospice activities. Our audited accounts consolidate all our operations, reporting an income of £10,130,550 and expenditure of £7,665,955. Our trading activities made losses of £2,510. This explains the difference in operating surpluses expressed above at £2,467,105 and in our consolidated accounts at £2,464,595. Our surplus is added to our free reserves which now total £4.1 million – equivalent to just over 6 months total running costs. Copies of our 2013-2014 accounts are available on request.

Financials 2014-2015

Looking forward to 2014-2015, we will continue to monitor our expenditure closely so that we can keep our costs down. We will be investing in our income generation activities in an effort to grow profits from our charity shops and from all our fundraising activities.

What our services cost us

| | |
|----------------------------|--------|
| In-Patient Unit | |
| per patient per day..... | £408 |
| per patient per week..... | £2,856 |
| Hospice at Home | |
| per patient per day..... | £231 |
| per patient per week..... | £1,617 |
| Counselling Session | |
| per session..... | £52 |

Our expenditure budget 2014-2015

| | | |
|---|------------|-----|
| Expenditure budget..... | £4,786,811 | |
| Income from Statutory/NHS/CCG..... | £1,396,568 | 29% |
| Income from our trading and fundraising activities | £3,390,243 | 71% |

Our expenditure equates to:



We receive less than a third of our funding from the NHS.

We will rely on the generosity and fundraising efforts of local people to help us raise over £3 million in the next year.

That is £9,288 every day; £65,197 every week; £282,520 every month. Without this help we simply could not survive.

Thanks

We would like to express our gratitude to everyone who supported the Hospice this year. Many of our donors have been touched personally by the care we have given to a loved one. Others support us because they recognise the value of the work we do in the local community.



"I am delighted that Leumi have supported Martlets Hospice since 2009 and have raised almost £40,000. My Dad passed away from cancer in 2006 when I was just 20. I know that the care provided by Martlets, for both the patient and their family is truly amazing. I ran the Brighton Marathon for Martlets this year – I hope my Dad would be proud."

Mark Woolgar
Leumi ABL Ltd

"It is not an exaggeration to say that it's an honour to support the Martlets. A wonderful organisation and exceptional people. They have supported many colleagues and friends through the most difficult of times and do a superb job for the whole community. Our buses will continue to promote their work and help raise funds. I do hope that we can continue to make a small difference to the Martlets for many years to come."

Martin Harris
Brighton & Hove Bus Company



Special thanks

is extended to the following who gave amounts of £1,000 and above during the year.

Charitable Trusts

Argus Appeal

BAA Communities Trust

Balcombe Charitable Trust

BDNA Trust

Brighton & Hove Soiree

Rotary Club

Brighton Lions Club

Chalk Cliff Trust

Mildred Duveen
Charitable Trust

Freemasons' Grand
Charity

Friends of Sussex
Hospices

Patrick & Helena Frost
Foundation

Gledswood Charitable
Trust

Hirschel Foundation

Sir Julian Hodge
Charitable Trust

Thomas J Horne
Memorial Trust

Hova Ecclesia
Freemasons Lodge 1466

Hove and Portslade Aid in
Sickness Association

Hove Lions Club

Michael & Shirley Hunt
Charitable Trust

Institute of Our Lady
of Mercy

Lady Eileen Joseph
Foundation

Ernest Kleinwort
Charitable Trust

Mrs A Lacy-Tate Trust

Lloyds Bank Foundation
for England and Wales

Making a Difference
Locally Limited

Masonic Lodge Charities

Nicholas Charitable Trust

Pebble Trust

John Pitman
Charitable Trust

Richard Radcliffe
Charitable Trust

RAF Benevolent Fund

JC Robinson Trust No 4

Rotary Club of Brighton

Rotary Club of Brighton &
Hove South Downs

Sandra Charitable Trust

Santander Foundation

Miss DB Simpson
Charitable Trust

Lisbet Rausing Hospice
Fund at Sussex

Community Foundation

Sussex Masonic Charities

Sir Jules Thorn

Charitable Trust

Zolfo Cooper Foundation

Churches, Clubs & Societies

Parish of Aldrington

Barulho

Brighton & Hove Golf Club

Brighton & Hove Scottish
Country Dance Club

The Dyke Golf Club

Hove Deep Sea Anglers
Club

OS&B Society

Patcham Bridge Club

Preston Lawn Tennis Club

St Peter's Church West
Blatchington

St Peter's Church

Women's Social Group

NHS

Brighton & Hove Clinical
Commissioning Group

Lewes-Havens Clinical
Commissioning Group

NHS England

Schools & Colleges

Balfour Infant School

Blatchington Mill School
and Sixth Form College

Brighton and Sussex
Medical School

Portslade Community
College



Martlets Champions - giving £500

Maureen & Simon Alldis

Ian Askew

Maggie & John Barradell
OBE

Fiona & Mark Beacham

Alan Bedford

Donatello Restaurant

Margaret Ellis

Margaret & Peter Field

Jane Flude

Richard Flude

Roger French OBE

Gemini Print

Jack & Kathy Gore

Hardings Catering Ltd

Anthony Hyde &

Vaughan Rees OBE

Infinity Foods Wholesale

Daniel Marshall

Associates Ltd

Prof John & Dr Shirley
MurrellPatrick & Sheelagh
Pollicott-Reid

Really Scary Books Ltd

Kenneth Robinson

RT Williams Insurance

Brokers Ltd

Christopher & Judith Snell

Gweni & Ivor Sorokin

Ian & Terrina Steel

Denise Taylor

Stephen Taylor

Dr Charles & Fiona Turton

Samuel Tyler

vokins@home

Meta & John Wells-

Thorpe OBE

Fiona & Robin Wilson

David Woosnam

Companies including employees & customers

Asda Stores Ltd

Quality Solicitors

Barwells LLP

Victor Boorman & Co

Brighton & Hove Bus and
Coach Co LtdBrighton & Hove City
CouncilBrighton and Hove
Streamline Ltd

BUPA

Burnand Brazier Tisdall
Solicitors

Cellular Solutions

Circus Starr

The Co-operative Food

Cubitt & West

Dean Wilson LLP Solicitors

Deibel & Allen Solicitors

Engleharts Solicitors

Findlay Park Investment
Management Ltd

Fludes (Carpets) Ltd

Focus Group

Griffith Smith Conway
SolicitorsGriffith Smith Farrington
Webb LLP SolicitorsEdward Harte & Co
Solicitors

L C Switchgear

Legal & General

Leumi ABL Ltd

Lloyds Banking Group

Mayberry Garden Centre

Nationwide Building
Society

Royal Bank of Scotland

Southern Railway

Trustees

Christine D'Cruz

Michael Edwards (Chairman)

Dr Matthew Fletcher

Dick Knight

Ann Norman

John Powell (Treasurer)

Kevin Smyth (Secretary)

Lynne Spencer

Ian Wilson

Senior Managers

Dr Simone Ali

Acting Medical Director

Imelda Glackin

Chief Executive

Careen Green

Director of HR

Robert Griffiths

Director of Fundraising

Michelle Kirk

Head of Finance

Karen Taylor

Director of Clinical Care

The Martlets Hospice

Wayfield Avenue, Hove BN3 7LW

www.themartlets.org.ukenquiries@martlets.org.uk

01273 273400

Registered charity number 802145

Company number 2326410

Martlets

Care, compassion and support

IN HOSPICE
& AT HOME

Southern's employee survey meant the Martlets were chosen as one of our corporate charities and over £3,600 has been raised from this activity

In September 2013 our Charities Week helped to raise over £5,000 and included bake sales, station collections and our staff cycling the distance of our network on two spinning bicycles.



We also made a donation for every annual season ticket sold online

The donation of Brighton station's old benches, which the Martlets sold in their pop up shop and online, helped to raise over £2,000

SOUTHERN

Southern Railway is pleased to support the Martlets as one of its corporate charities, helping to raise over £10,000 for the hospice during the last year.

We look forward to supporting the great work of the hospice into 2015.

Southern Railway: Taking our communities places



We receive less than one third of our funding from the NHS so please help us to continue to care for our patients and their families.

To make a donation go online www.themartlets.org.uk or call 01273 747455. Thank you.



IN HOSPICE
& AT HOME