

CHANGE LIVES WITH A GIFT IN YOUR WILL



Everything you need
to know about your
legacy to Martlets

Martlets 
life-changing hospice care

ABOUT MARTLETS

Martlets is your local charity, providing terminally ill people in Brighton & Hove, and surrounding areas, the very best care and support. Our expert teams help people do the things they love with the time they have. We're bold, we're brave, and we break down barriers so that everyone affected by terminal illness can make the most of the precious time they have.

Martlets offers expert hospice care to people over the age of 18 who live in Brighton & Hove, the Deans or the Havens.

And our care is free, thanks to the support of our local community.

NHS funding covers about a third of our costs, but we rely on local support to fund the majority of our vital services.

From terminal cancer and chronic heart disease to neurological conditions such as Parkinson's, Alzheimer's and Motor Neurone Disease, we're here to help.

Some people spend their final days on our inpatient unit, or come to us for symptom management. Most people choose to receive care in the their own homes.

Outpatients also visit Martlets for pain relief, physiotherapy, counselling, and wellbeing and social activities. To support safe running of sessions we've adapted a number of our services to run virtually via online video conferencing or telephone.



LEAVE A GIFT TO MARTLETS AND MAKE A REAL DIFFERENCE IN YOUR COMMUNITY



"Since we opened our doors 25 years ago expectations of hospice care have changed,

and to ensure Martlets is fit for the future we're upgrading our facilities. We are rebuilding our hospice to transform the future of our services. We will rely on gifts in Wills more than ever to ensure that we can afford to provide the hospice care our community needs for many years to come.

To do this we need your help and every legacy gift we receive, large or small, makes a difference.

Gifts in Wills can be transformative for us. They have helped us to build our new hospice and they will pay a major role in funding and growing our services in our new home. A gift in your Will could fund the physiotherapist who gives a patient greater mobility and independence at home; the

counsellor who supports a child in expressing their worries about their mum's illness; or perhaps the nurse who holds a patient's hand in the middle of the night.

If you're considering making a gift to us perhaps you have been personally touched by the care given by Martlets. Or maybe you want to support a local charity and help ensure we're here for your loved ones should they need us one day. Whatever the reason, we want you to know that by remembering the Hospice you will make a real difference to the lives of local families as they face some of their toughest times. So why not join our Martlets murmuration of supporters and do something brilliant today – make that call, make a Will, and make a difference."

With thanks and gratitude,

Claire Irving
Chief Executive Officer



GOOD REASONS TO MAKE A GIFT IN YOUR WILL

- 1 | Your gift will help secure life-changing hospice care in our city** Gifts in Wills matter to Martlets because they provide over a third of our annual income. 1 in 3 people are cared for thanks to gifts in Wills and 1 in 3 of our nurses are funded this way.
- 2 | Your gift is special to us** We are so grateful for every gift in a Will that we receive. They are often the largest gifts people give to us and we know that many legacy donations are made as thanks and in memory for loved ones we have cared for.
- 3 | Your gift will make a real difference** Your gift will enable people affected by terminal illness to live life to the full during the precious time they have together. Every gift in a Will makes a difference whether large or small. They build our financial security and help us to grow our services to help more people.
- 4 | Your gift will be deeply personal** By making a gift to Martlets you will be declaring what is important to you – it will be a testament to your life and values. Some people may give in memory and gratitude, while others are keen to support the care of loved ones and future generations who may need us.
- 5 | Your gift will be tax free and can minimise inheritance tax** Having a Will and including a gift to Martlets (a registered charity) may reduce the amount of inheritance tax that needs to be paid on your estate.

Your gift could fund:

£1,000

12 counselling sessions

£5,000

37 rehabilitation sessions

£20,000

47 inpatient bed days

£50,000

160 home nurse visits

£100,000

2 nurses for a year

SUPPORT OUR LIFE-CHANGING CARE WITH A GIFT IN YOUR WILL



Justine is a clinical nurse specialist in our community team and talks about the care she provides to patients at home.

"We help people to live well and to die peacefully in the comfort and familiarity of their own homes. As well as clinical care, Martlets provides psychological and spiritual support, wellbeing therapies, social groups, and the Compassionate Neighbours scheme. We meet people wherever they are physically and emotionally on their journey and focus on their individual needs.

We acknowledge that suffering, loss, anxiety, anger, and sadness are a common part of the process. But we try to alleviate these difficult feelings by offering compassion, understanding and even hope to those we care for.

Whether it's the possibility of being in less pain, finishing a book they've always wanted to read, or attending their daughter's wedding we'll do our very best to make that happen.

Just before the pandemic, I went to see a patient who was an asylum seeker. He was living alone in a council flat and had no family or friends to support him. We often come across people who are so desperately lonely. Eventually, he was admitted to Martlets, as he needed inpatient care. The connection I had with him, he said, and the kindness he was shown had made these last weeks the best time of his life for many decades. The last thing he did before he died was kiss my hand. It is these small, powerful connections that make this job so rewarding.

So, if you are able to leave a gift to Martlets in your Will, please know that it is so very much appreciated."

**1 in 3 nurses are
funded by gifts in Wills**

ARE YOU WILLING?



“Rather than give little amounts to people that turn up at our door canvassing for various charities we thought we’d just give to Martlets and make a difference with one donation. We’re giving quite a lot of money to Martlets in our Wills because we want to make a difference to a worthwhile local cause. Including Martlets in our Will was so easy to do and it’s a weight off your mind to get your Will done and to get it done right.”

Jacky and Dominic

“We’re happy to make a gift to Martlets in our Wills as we don’t have children and we want to do something to look after the local community. And to give back to Martlets for supporting my mum who died from cancer. Me and Kev had been married two years and had just bought a house together so it seemed like a sensible time to write a Will and to include the gift.”

Christy and Kevin



“I feel very proud to be able to leave something in my Will to Martlets. Sadly, my son died from Motor Neurone Disease in 2020 and the staff cared for him with such dignity and respect. I care about my community and would like my gift to be used to make someone’s life easier, just as they helped my son and us as a family.”

Paula

**1 in 3
patients are
cared for thanks
to gifts in Wills**

“Thinking about what happens after you’re gone isn’t easy, but arranging a Will gives you peace of mind. Of course, your first concern will be to provide for family and friends. But we hope you will consider leaving a gift to Martlets.”

Grant Phillips, Gifts in Wills and Grants Executive



Three ways to make a gift in your Will

Your solicitor will be able to help you work out what to leave as a gift. This might be:

- a percentage share of your estate (a residuary gift) which is whatever sum is left over once all liabilities (including cash and specific gifts) have been paid.
- a cash sum (a pecuniary gift) of a specific amount.
- a specific item of value such as a property, vehicle, painting, or jewellery.

Keep your Will safe and up to date

Ask your solicitor to store the original document for you and keep a copy for yourself. You should rewrite your Will to reflect your changing circumstances such as marriage or divorce.

Tell your loved ones

It is a good idea to tell your loved ones about what is included in your Will so there are no surprises. You may want to give them a copy and tell them where to find the original.

Our legacy promise

We understand that whatever you decide is an entirely personal decision and that your family and friends will always come first. We appreciate that you may change your mind at any time. We will treat you and your loved ones with sensitivity and respect and any information you share with us will be kept confidential. We will keep in touch with you only if you would like us to do so.

Details of local solicitors are available at lawsociety.org.uk or call **0207 320 5650**.



**Make a positive
difference for
years to
come**

Important information to take to your solicitor to include Martlets in your Will. This will ensure that any gift to Martlets is fulfilled without complication.

Take me to your Will writer

Charity Name:

The Martlets Hospice Limited

Charity Address:

**Wayfield Avenue, Hove
East Sussex BN3 7LW**

Registered Charity Number: 802145

We'd like to hear from you. For further information please contact:
Grant Phillips, our Gifts in Wills and Grants Executive

t: 01273 916960

e: giftsinwills@martlets.org.uk

w: martlets.org.uk/give-in-your-will



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